

Matthew Evans Bio

Matthew Evans is a former chef and food critic turned Tasmanian smallholder. He fattens pigs, milks a cow, tends a garden and writes about food from his office overlooking the silver birches atop his cottage on Puggle Farm, in the gorgeous Huon Valley.

Matthew is the author of eight books on food, including the authoritative *Real Food Companion* and his autobiography *Never Order Chicken on a Monday*. He writes regularly for *Delicious*, *Feast* and other magazines, and shares a market stall, *Rare Food*, with his good mate Ross O'Meara, specialising in old and rare breed pork products, amongst other goodies.

Matthew's latest project is *A Common Ground*, a venture with both Nick Haddow and Ross O'Meara, specialising in regional produce events. Nick and Matthew also own a shop of the same name that showcases artisan produce from around our island state.

Matthew is a strong believer in Real Food; food where the provenance is known and the producer valued. He believes in home cooking, using the seasons and your geography as the guide. It is his hope that more and more people will try to grow their own food (just start with parsley and go from there), or know exactly where their produce is coming from.